



LOYOLA COLLEGE OF EDUCATION

Accredited (3rd Cycle) at 'A' Grade by NAAC
Recognized by NCTE & Affiliated to TNTEU
Nungambakkam, Chennai, Tamil Nadu, India - 600 034

Training and Placement Cell

Organised

PLACEMENT TUTELAGE WORKSHOP: 2026

INPUT SESSION 11

OWN THE CLOCK, OWN THE FUTURE

Report

Date: 20.02.2026


Co-Ordinator

THE CO-ORDINATOR,
TRAINING AND PLACEMENT CELL
LOYOLA COLLEGE OF EDUCATION
NUNGAMBAKKAM,
CHENNAI - 600 034



LOYOLA COLLEGE OF EDUCATION

Accredited (3rd Cycle) at 'A' Grade by NAAC
Recognized by NCTE & Affiliated to TNTEU
Nungambakkam, Chennai, Tamil Nadu, India - 600 034

Training and Placement Cell

Organised

PLACEMENT TUTELAGE WORKSHOP: 2026

INPUT SESSION 11

OWN THE CLOCK, OWN THE FUTURE

INVITAION CARD

LOYOLA COLLEGE OF EDUCATION
Accredited (3rd Cycle) at 'A' Grade by NAAC
Recognized by NCTE & Affiliated to TNTEU
Nungambakkam, Chennai, Tamil Nadu, India - 600 034

THE TRAINING AND PLACEMENT CELL
organizes

**PLACEMENT TUTELAGE
WORKSHOP '25**

Session 11
Own the Clock, Own the Future

Resource Person
Dr. V. Mary Hilda
Aselstant Professor, Pedagogy of Physical Science,
Loyola College of Education

Date: 20/02/2026 Time: 1.50 p.m. - 2.35 p.m.
Venue: Arrupe Auditorium

Patron
Rev. Dr. Alphons Marickam SJ
Secretary

Organizing Secretary
Ms. R. Sridevi
Placement Cell Coordinator

Organizing Members
Dr. V. Mary Hilda
Mrs. S. Catherine Nithya
Dr. M. Venmani

Convenor
Dr. L. Kulandai Therasal
Principal



LOYOLA COLLEGE OF EDUCATION

Accredited (3rd Cycle) at 'A' Grade by NAAC

Recognized by NCTE & Affiliated to TNTEU

Nungambakkam, Chennai, Tamil Nadu, India - 600 034

PLACEMENT TUTELAGE WORKSHOP: 2026

INPUT SESSION 11

"OWN THE CLOCK, OWN THE FUTURE"

Details of the Programme	
Name of the Programme	Own the Clock, Own the Future
Date of the Programme	20.02.2026
Time of the Programme	1.50 p.m. to 2.35 p.m.
Target Audience of the Programme	II Year Student-Teachers, LCE
Number of Students Attended	87
Objective of the Programme	<ul style="list-style-type: none">• To help participants understand the importance of effective time management in achieving personal and professional goals.• To develop planning, prioritization, and self-discipline skills for future success..
Name of the Resource Person	Dr. V. Mary Hilda
Brief note about the Resource Person	Assistant Professor, Pedagogy of Physical Science, Loyola College of Education, Chennai-34.
Few insights given by the Resource Person (in 2 lines)	<ul style="list-style-type: none">• Time, when managed wisely, becomes a powerful tool for productivity and personal growth.• Owning one's time leads to better decision-making, reduced stress, and clearer future direction.
Learning outcomes of the Programme	<ul style="list-style-type: none">• Participants will practice effective time-management and goal-setting strategies.• Improved focus, productivity, and balance between academic, personal, and professional life.• Enhanced confidence and responsibility in shaping their future.

Feedback Analysis		
SNo.	Parameters	Effectiveness of the session in percentage
1	Usefulness of the Session	89.5
2	Clarity of the Content Delivered by the Resource Person	89.8
3	Level of Knowledge Gaining from the Session	89.5
4	The Ability of the Resource Person to Retain the Attention of the Participants	87.4
5	Interaction of the Resource Person With Participants for Clarification	89.1
Total Effectiveness of the Session in percentage		89.06 Very Good



Signature of the Principal
Dr. L. Kulandai Theresal

PRINCIPAL
Loyola College of Education
Loyola College Campus
Nungambakkam, Chennai-34



Signature of the Organiser
Ms. R. Sridevi

THE CO-ORDINATOR,
TRAINING AND PLACEMENT CELL
LOYOLA COLLEGE OF EDUCATION
NUNGAMBAKKAM,
CHENNAI - 600 034



LOYOLA COLLEGE OF EDUCATION

Accredited (3rd Cycle) at 'A' Grade by NAAC
Recognized by NCTE & Affiliated to TNTEU
Nungambakkam, Chennai, Tamil Nadu, India - 600 034

**TRAINING AND PLACEMENT CELL
PLACEMENT TUTELAGE WORKSHOP: 2026
SESSION 11: Own the Clock, Own the Future**

Reflections in Frames

Date: 20.02.2026

Time: 1.50 p.m



