



LOYOLA COLLEGE OF EDUCATION

Accredited (3rd Cycle) at 'A' Grade by NAAC
Recognized by NCTE & Affiliated to TNTEU
Nungambakkam, Chennai, Tamil Nadu, India - 600 034

Training and Placement Cell

Organised

PLACEMENT TUTELAGE WORKSHOP: 2026

INPUT SESSION 13

HEAL, GROW, GLOW

Report

Date: 23.02.2026


Co-Ordinator

THE CO-ORDINATOR,
TRAINING AND PLACEMENT CELL
LOYOLA COLLEGE OF EDUCATION
NUNGAMBAKKAM
CHENNAI - 600 034



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INVITAION CARD

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THE TRAINING AND PLACEMENT CELL
organizes

**PLACEMENT TUTELAGE
WORKSHOP '26**

Session 13
Heal, Grow, Glow

Resource Person
Dr. H. A. Anbu Selvi
Assistant Professor, Pedagogy of Commerce,
Loyola College of Education

Date: 23/02/2026 **Time: 1.50 p.m. - 2.35 p.m.**
Venue: Arrupe Auditorium

Patron
Rev. Dr. Alphonse Marickam SJ
Secretary

Organizing Secretary
Ms. R. Sri devi
Placement Cell Coordinator

Convenor
Dr. L. Kulandai Therasai
Principal

Organizing Members
Dr. V. Mary Hilda
Mrs. S. Catherine Nithya
Dr. M. Venmani



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PLACEMENT TUTELAGE WORKSHOP: 2026

INPUT SESSION 13

"HEAL, GROW, GLOW"

Details of the Programme	
Name of the Programme	Heal, Grow, Glow
Date of the Programme	23.02.2026
Time of the Programme	1.50 p.m. to 2.35 p.m.
Target Audience of the Programme	II Year Student-Teachers, LCE
Number of Students Attended	90
Objective of the Programme	<ul style="list-style-type: none">• To help participants understand the importance of emotional healing and self-care for personal development.• To encourage continuous growth and positive transformation in thoughts, behaviour, and attitude.
Name of the Resource Person	Dr. H.A. Anbuselvi
Brief note about the Resource Person	Assistant Professor, Pedagogy of Commerce, Loyola College of Education, Chennai-34.
Few insights given by the Resource Person (in 2 lines)	<ul style="list-style-type: none">• Healing past experiences creates inner strength and clarity for personal growth.• Growth nurtures confidence, and confidence allows individuals to shine and "glow" in life.
Learning outcomes of the Programme	<ul style="list-style-type: none">• Participants will develop emotional awareness and healthier coping strategies.• Improved self-esteem, resilience, and positive outlook toward life.• Enhanced personal growth leading to confidence, balance, and inner well-being.

Feedback Analysis		
SNo.	Parameters	Effectiveness of the session in percentage
1	Usefulness of the Session	92.4
2	Clarity of the Content Delivered by the Resource Person	91.6
3	Level of Knowledge Gaining from the Session	92.0
4	The Ability of the Resource Person to Retain the Attention of the Participants	91.6
5	Interaction of the Resource Person With Participants for Clarification	92.9
Total Effectiveness of the Session in percentage		92.1 Excellent

Signature of the Principal
Dr. L. Kulandai Theresal

PRINCIPAL
Loyola College of Education
Loyola College Campus
Nungambakkam, Chennai-34

Signature of the Organiser
Ms. R. Sridevi

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TRAINING AND PLACEMENT CELL
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TRAINING AND PLACEMENT CELL
PLACEMENT TUTELAGE WORKSHOP: 2026
SESSION 13: Heal, Grow, Glow

Reflections in Frames

Date: 23.02.2026

Time: 1.50 p.m



