



# LOYOLA COLLEGE OF EDUCATION

Accredited (3<sup>rd</sup> Cycle) at 'A' Grade by NAAC  
Recognized by NCTE & Affiliated to TNTEU  
Nungambakkam, Chennai, Tamil Nadu, India - 600 034

## Training and Placement Cell

Organised

### PLACEMENT TUTELAGE WORKSHOP: 2026

INPUT SESSION 12

GOAL SETTING

Report

Date: 23.02.2026

  
Co-Ordinator

THE CO-ORDINATOR,  
TRAINING AND PLACEMENT CELL,  
LOYOLA COLLEGE OF EDUCATION  
NUNGAMBAKKAM,  
CHENNAI - 600 034



# LOYOLA COLLEGE OF EDUCATION

Accredited (3<sup>rd</sup> Cycle) at 'A' Grade by NAAC  
Recognized by NCTE & Affiliated to TNTEU  
Nungambakkam, Chennai, Tamil Nadu, India - 600 034

## Training and Placement Cell

Organised

### PLACEMENT TUTELAGE WORKSHOP: 2026

INPUT SESSION 12

GOAL SETTING

INVITAION CARD

**LOYOLA COLLEGE OF EDUCATION**  
Accredited (3<sup>rd</sup> Cycle) at 'A' Grade by NAAC  
Recognized by NCTE & Affiliated to TNTEU  
Nungambakkam, Chennai, Tamil Nadu, India - 600 034

THE TRAINING AND PLACEMENT CELL  
*organizes*  
**PLACEMENT TUTELAGE  
WORKSHOP '26**  
Session 12  
**Goal Setting**

**Resource Person**  
*Dr. J. Antony Joseph*  
Assistant Professor, Perspectives in Education,  
Loyola College of Education

**Date: 23/02/2026**      **Time: 1.05 p.m. - 1.50 p.m.**  
**Venue: Arrupe Auditorium**

**Secretary**  
Rev. Dr. Alphonse Marickam SJ

**Organizing Secretary**  
Ms. R. Srilevi  
Placement Cell Coordinator

**Convener**  
Dr. L. Kulandai Therasal  
Principal

**Organizing Members**  
Dr. V. Mary Hilda  
Mrs. S. Catherine Nithya  
Dr. M. Venmani



# LOYOLA COLLEGE OF EDUCATION

Accredited (3<sup>rd</sup> Cycle) at 'A' Grade by NAAC  
Recognized by NCTE & Affiliated to TNTEU  
Nungambakkam, Chennai, Tamil Nadu, India - 600 034

## PLACEMENT TUTELAGE WORKSHOP: 2026

### INPUT SESSION 12


### "GOAL SETTING"

Details of the Programme	
Name of the Programme	Goal Setting
Date of the Programme	23.02.2026
Time of the Programme	1.05 p.m. to 1.50 p.m.
Target Audience of the Programme	II Year Student-Teachers, LCE
Number of Students Attended	90
Objective of the Programme	<ul style="list-style-type: none"><li>To help participants understand the importance of setting clear and achievable goals for personal and professional growth.</li><li>To develop skills in planning, prioritizing, and working systematically toward goal achievement.</li></ul>
Name of the Resource Person	Dr. J. Antony Joseph
Brief note about the Resource Person	Assistant Professor, Perspectives in Education, Loyola College of Education, Chennai-34.
Few insights given by the Resource Person (in 2 lines)	<ul style="list-style-type: none"><li>Well-defined goals provide direction, focus, and motivation for consistent effort.</li><li>Goal setting helps individual's measure progress and stay committed despite challenges.</li></ul>
Learning outcomes of the Programme	<ul style="list-style-type: none"><li>Participants will set realistic short-term and long-term goals.</li><li>Improved self-discipline, motivation, and time management skills.</li><li>Enhanced confidence and clarity in decision-making and future planning.</li></ul>

Feedback Analysis		
SNo.	Parameters	Effectiveness of the session in percentage
1	Usefulness of the Session	90.1
2	Clarity of the Content Delivered by the Resource Person	90.1
3	Level of Knowledge Gaining from the Session	89.5
4	The Ability of the Resource Person to Retain the Attention of the Participants	88.7
5	Interaction of the Resource Person With Participants for Clarification	89.5
Total Effectiveness of the Session in percentage		89.6 Very Good

  
**Signature of the Principal**  
**Dr. L. Kulandai Theresal**

PRINCIPAL  
Loyola College of Education  
Loyola College Campus  
Nungambakkam, Chennai-34

  
**Signature of the Organiser**  
**Ms. R. Sridevi**

THE CO-ORDINATOR,  
TRAINING AND PLACEMENT CELL  
LOYOLA COLLEGE OF EDUCATION  
NUNGAMBAKKAM,  
CHENNAI - 600 034



# LOYOLA COLLEGE OF EDUCATION

Accredited (3<sup>rd</sup> Cycle) at 'A' Grade by NAAC  
Recognized by NCTE & Affiliated to TNTEU  
Nungambakkam, Chennai, Tamil Nadu, India - 600 034

TRAINING AND PLACEMENT CELL  
PLACEMENT TUTELAGE WORKSHOP: 2026  
SESSION 12: Goal Setting

## Reflections in Frames

Date: 23.02.2026

Time: 1.05 p.m



