



## **LOYOLA COLLEGE OF EDUCATION**

**Accredited (3<sup>rd</sup> Cycle) at 'A' Grade by NAAC**

**Recognized by NCTE & Affiliated to TNTEU**

**Nungambakkam, Tamil Nadu, India, Chennai - 600 034**

### **Details of the Programme:**

|                                           |                                                                                                                                                                                                                                                                         |
|-------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Name of the Activity:</b>              | <b>Creative Assembly – LISHE</b>                                                                                                                                                                                                                                        |
| <b>Date of the Activity:</b>              | <b>07.09.2026</b>                                                                                                                                                                                                                                                       |
| <b>Time of the Activity:</b>              | <b>9.00am to 9.50am</b>                                                                                                                                                                                                                                                 |
| <b>Target Audience of the Activity:</b>   | <b>I &amp; II year Students</b>                                                                                                                                                                                                                                         |
| <b>No. of participants:</b>               | <b>210 students</b>                                                                                                                                                                                                                                                     |
| <b>Objectives of the Activity:</b>        | <ul style="list-style-type: none"><li>☞ To exhibit the talent of the students</li><li>☞ To arouse and cultivate interest towards the Nutrition &amp; <b>Why do we need nutrition?</b></li><li>☞ To inculcate the team work and cooperation among the students</li></ul> |
| <b>Learning Outcomes of the Activity:</b> | <ul style="list-style-type: none"><li>☞ Ignited the flame of protecting the healthy future generation</li><li>☞ Taking the Oath to <b>maintain the balanced diet to all the living individuals</b></li></ul>                                                            |
| <b>Overall Impact of the Activity:</b>    | <b>Excellent</b>                                                                                                                                                                                                                                                        |

### **Details of the Committee which organized the event:**

|                                 |                               |
|---------------------------------|-------------------------------|
| <b>Name of the Club:</b>        | <b>EUREKA CLUB</b>            |
| <b>Name of the Coordinator:</b> | <b>Dr. C. Beulah Jayarani</b> |

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**Signature of the Principal**

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**Signature of the Organizer**



## REPORT ON CREATIVE ASSEMBLY – “LISHE”

**Date:** 07 September 2026

**Venue:** Aruppe Auditorium

**Organized by:** Department of Biological Science

The Department of Biological Science organized a **Creative Assembly titled “LISHE”** on **07 September 2026** at the **Aruppe Auditorium** as part of **Nutrition Week celebrations**. The assembly aimed to create awareness about the importance of nutrition and encourage healthy food choices among the student teachers through a blend of knowledge, creativity, spirituality, and entertainment.

The programme commenced with a warm welcome to the gathering, followed by the **Prayer Song, spiritual readings, and prayer**, seeking the blessings of the Almighty for the successful conduct of the programme.

The **Welcome Address** was delivered by **Ranjith**, who extended a cordial welcome to all the dignitaries, faculty members, and students. This was followed by an explanation of the theme **“LISHE”**, presented by **Vijay**, who highlighted the significance of nutrition and its role in maintaining a healthy and active life.

The assembly then proceeded with the **News Presentation** by **Bhavadharini and Kiruthika**, keeping the audience informed about important happenings around the world. This was followed by the presentation of a **Thirukkural** by **Monica**, connecting the timeless wisdom of Thiruvalluvar with the values of healthy living.

The **Thought of the Day**, presented by **Sumitha**, provided the audience with an inspiring message and emphasized the importance of nurturing both the body and the mind.

Adding a musical dimension to the programme, **Sirisha** presented a **Solo Singing Performance**, which was well received by the audience. The programme continued with an informative segment on **Scientific Facts**, presented by **Ranjith and Yogitha**. The presentation focused on interesting scientific aspects related to food, nutrients, and the functioning of the human body.

An engaging **Quiz** was conducted by **Vijay**, which provided an opportunity for the audience to test and enrich their knowledge related to nutrition and health. The quiz created active participation and added an interactive element to the assembly.

The programme was further enlivened by a **Solo Dance Performance by Daryl**, which brought rhythm, energy, and enthusiasm to the gathering. The performance was appreciated by the audience.

As the programme moved towards its conclusion, an **Oath Taking Ceremony** was led by **Umsalma**. The oath encouraged everyone to make a commitment towards healthy eating habits, responsible food choices, and maintaining a healthy lifestyle.

The assembly also included a **Birthday Celebration**, led by **Varshini**, to convey warm wishes and blessings to the members of the college community celebrating their birthdays.

Finally, **Varshini** delivered the **Vote of Thanks**, expressing gratitude to all those who contributed to the successful conduct of the Creative Assembly.

The Creative Assembly “**LISHE**” was an enriching and enjoyable programme that successfully combined **nutrition awareness, scientific knowledge, spiritual reflection, cultural expression, and active participation**. The programme emphasized that good nutrition is essential for physical health, mental well-being, growth, and an energetic life. The assembly concluded on a positive note with the message to **stay healthy, stay happy, keep learning, and make healthy choices every day**.







